

## Bates Sizing and Fit Information

Fit is an essential ingredient in footwear. Properly fit Bates shoes and boots will be comfortable to wear right out of the box; they don't need to be "broken in". There are a few simple guidelines that if followed can make the process easy:

- Tap your heel back in the heel cup and lace the boot. The boot should feel snug across the ball, around the instep, and in the heel. The arch should be comfortably supported and the toes should be free to wiggle and curl.
- The toes should not jam into the front of the boot. Check this by lightly tapping the toe of the boot into the floor. If the boot fits correctly, the toes should gently touch the end of the boot.
- Bates footwear is made in a array of widths in order to provide our customers with the best fit possible. See chart below for width description:

B = Narrow width

C = One width wider than B

D = Average or medium width

E = The narrower of the "wide" widths

EEE = Our widest width

M = Equal to a "D" or medium width

W = Equal to an "E" or wide width

EW = Equal to an "EEE" or extra wide

- Whenever possible have your foot measured with a Brannock device by a shoe care professional. Using a Brannock device is the most accurate method to determine your shoe size and width.